



June

Activities & Support Groups

SUN	MON	TUE	WED	THU	FRI	SAT
			1 <ul style="list-style-type: none"> Mind & Body 11am Bat. Burnout 1pm Chronic Pain 2pm 	2 <ul style="list-style-type: none"> The Floor 4pm Life Skills 6pm 	3 <ul style="list-style-type: none"> Com. Ground 9am Soc. & Well 11am 	4 <ul style="list-style-type: none"> Color Me 2pm
	5 <ul style="list-style-type: none"> Coping Skills 11am Sketch Book 1pm Current Events 3pm Keeping Com. 8pm 	6 <ul style="list-style-type: none"> Coping Skills 11am Sketch Book 1pm Current Events 3pm Keeping Com. 8pm 	7 <ul style="list-style-type: none"> Chair Yoga 10am Life Skills 1pm Better To. 3pm 	8 <ul style="list-style-type: none"> Mind & Body 11am Bat. Burnout 1pm Chronic Pain 2pm Health Call 5:30pm 	9 <ul style="list-style-type: none"> The Floor 4pm Life Skills 6pm 	10 <ul style="list-style-type: none"> Com. Ground 9am Soc. & Well 11am
12 <ul style="list-style-type: none"> Meditation 7:30am 	13 <ul style="list-style-type: none"> Coping Skills 11am Sketch Book 1pm Current Events 3pm Support Net. 3pm Keeping Com. 8pm 	14 <ul style="list-style-type: none"> Chair Yoga 10am Life Skills 1pm Better To. 3pm 	15 <ul style="list-style-type: none"> Mind & Body 11am Bat. Burnout 1pm Chronic Pain 2pm 	16 <ul style="list-style-type: none"> Com. Skills 3pm The Floor 4pm Life Skills 6pm 	17 <ul style="list-style-type: none"> Com. Ground 9am Soc. & Well 11am 	18 <ul style="list-style-type: none"> Color Me 2pm
19 <ul style="list-style-type: none"> Meditation 7:30am 	20 <ul style="list-style-type: none"> Coping Skills 11am Sketch Book 1pm Current Events 3pm Keeping Com. 8pm 	21 <ul style="list-style-type: none"> Chair Yoga 10am Life Skills 1pm Better To. 3pm 	22 <ul style="list-style-type: none"> Mind & Body 11am Bat. Burnout 1pm Chronic Pain 2pm Health Call 5:30pm 	23 <ul style="list-style-type: none"> Com. Skills 3pm The Floor 4pm Life Skills 6pm 	24 <ul style="list-style-type: none"> Com. Ground 9am Soc. & Well 11am 	25 <ul style="list-style-type: none"> Color Me 2pm
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Click on each group/activity title for active zoom link.
Contact us for more information at jburke@atlanticcil.org | (609)748-2253 ext. 4

