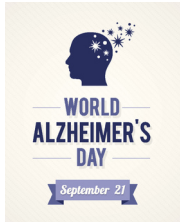




ATLANTIC
CENTER FOR INDEPENDENT LIVING, INC.

September

Activities & Support Groups

SUN	MON	TUE	WED	THU	FRI	SAT
 SICKLE CELL AWARENESS WORLD SICKLE CELL DAY - JUNE 19TH	 National GUIDE DOG MONTH September	 WORLD ALZHEIMER'S DAY September 21		1 Got Stress? 12pm The Floor 4pm Life Skills 6pm	2 Com. Ground 9am Soc. & Well 11am Creative Coll. 6pm	3 Color Me 2pm
4 The Floor 12pm Meditation 7:30pm	5 Coping Skills 11am Sketch Book 1pm Keeping Com. 8pm 	6 Life Skills 1pm Current Events 3pm Better To. 3pm	7 Mind & Body 11am Bat. Burnout 1pm Chronic Pain 2pm Health Call 5:30pm	8 Got Stress? 12pm The Floor 4pm Life Skills 6pm	9 Com. Ground 9am Soc. & Well 11am	10 Color Me 2pm
11 The Floor 12pm Meditation 7:30pm Rediscovering 8pm	12 Coping Skills 11am Sketch Book 1pm Support Net. 3pm Keeping Com. 8pm	13 Life Skills 1pm Current Events 3pm Better To. 3pm	14 Mind & Body 11am Bat. Burnout 1pm Chronic Pain 2pm	15 Got Stress? 12pm Com. Skills 3pm The Floor 4pm Life Skills 6pm	16 Com. Ground 9am Soc. & Well 11am	17 Color Me 2pm
18 The Floor 12pm Meditation 7:30pm	19 Coping Skills 11am Sketch Book 1pm Keeping Com. 8pm	20 Life Skills 1pm Current Events 3pm Better To. 3pm	21 Mind & Body 11am Bat. Burnout 1pm Chronic Pain 2pm Health Call 5:30pm	22 Got Stress? 12pm The Floor 4pm Life Skills 6pm	23 Com. Ground 9am Soc. & Well 11am	24 Color Me 2pm
25 The Floor 12pm Meditation 7:30pm Rediscovering 8pm	26 Coping Skills 11am Sketch Book 1pm Keeping Com. 8pm	27 Life Skills 1pm Current Events 3pm Better To. 3pm	28 Mind & Body 11am Bat. Burnout 1pm Chronic Pain 2pm	29 Got Stress? 12pm Quote Happy 3pm The Floor 4pm Life Skills 6pm	30	 SUICIDE PREVENTION AWARENESS MONTH

Click on each group/activity title for active zoom link.
Contact us for more information at jburke@atlanticcil.org | (609)748-2253 ext. 4