

## Public Health Workforce Grant

This month our story is a little different because we wanted to talk about the work we have been doing through our Public Health Workforce Grant.

Atlantic CIL is committed to empowering individuals with disabilities to fulfill their greatest potential by providing a series of Life Skills Workshops created to educate our community, specifically our workforce. These Social Support Life Skills Workshops are provided in both English and Spanish languages, allowing for a greater reach within Atlantic County. Our workshops include topics on Nutrition & Healthy Cooking, Organization, Time Management, and Financial Management, to name a few. So far, ACIL has presented workshops at the Galloway Senior Center in Galloway NJ, the Oceanside II in Atlantic City NJ, and St Peter's Village in Pleasantville NJ.

As part of our outreach through this grant, you will see biweekly social media posts highlighting tips and information from our different available workshops. We hope you will find these tips helpful and share them with your family and friends.

For more information about these workshops please email Ana Then at [athen@atlanticcil.org](mailto:athen@atlanticcil.org)



Ana Then conducting a workshop



Mudgirls Studios



Galloway Senior Center



St. Peter's Village