



NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <u>Current Events 3pm</u>	2 <u>Battling Burnout 1pm</u> <u>Chronic Pain 2pm</u>	3 <u>Life Skills 6pm</u>	4 <u>Social/Wellbeing 11am</u>	5
6	7	8 <u>Life Skills 1pm</u> <u>Current Events 3pm</u>	9 <u>Battling Burnout 1pm</u> <u>Chronic Pain 2pm</u>	10 <u>Life Skills 6pm</u>	11 <u>Social/Wellbeing 11am</u> 	12
13	14 	15 <u>Life Skills 1pm</u> <u>Current Events 3pm</u>	16 <u>Battling Burnout 1pm</u> <u>Chronic Pain 2pm</u>	17 <u>Life Skills 6pm</u>	18 <u>Social/Wellbeing 11am</u>	19
20	21 Art Is In The Making 6pm - Your CBD Store	22 <u>Life Skills 1pm</u> <u>Current Events 3pm</u>	23 <u>Battling Burnout 1pm</u> <u>Chronic Pain 2pm</u>	24 Thanksgiving	25	26 
27	28	29 <u>Life Skills 1pm</u> <u>Current Events 3pm</u>	30 <u>Battling Burnout 1pm</u> <u>Chronic Pain 2pm</u>			