



Destress with

ZENDOODLES

Learn how to draw a zendoodle, meditate, and breathe deeply while practicing.

November 8, 2022 | 1:00 PM
Zoom Meeting ID #: 811 7298 2370
Passcode: 513838

[Zoom Link](#)

The Atlantic Center for Independent Living supports equal access for all.
For accommodations please contact Jennifer at jburke@atlanticcil.org (609)748-2253 ext.4