



Setting Goals for Personal Success

S

- specific

M

- matter

A

- attainable

R

- realistic

T

- therapeutic

E

- elevate

R

- responsible

January 19th @ 6pm

Meeting ID: 850 6315 3999

Passcode: 154100

[Zoom Link](#)



THE ATLANTIC CENTER FOR INDEPENDENT LIVING SUPPORTS EQUAL ACCESS FOR ALL. FOR ACCOMMODATIONS PLEASE CONTACT JENNY AT JWALKER@ATLANTICCIL.ORG OR (609)748-2258 EXT #3