



ATLANTIC
CENTER FOR INDEPENDENT LIVING, INC

"OPTIMISM"

Discuss ways to stay positive, defeat negative self-talk and
keep an optimistic view.



March 7, 2023 | 2:00 PM
Zoom Meeting ID #: 811 7298 2370
Passcode: 513838
[Zoom Link](#)

POSITIVE FOCUSED STRONG

The Atlantic Center for Independent Living supports equal access for all.
For accommodations please contact Jennifer at jburke@atlanticcil.org | (609)748-2253 ext.4