

# Virtual Support Groups & Activities

The Atlantic Center for Independent Living supports equal access for all.  
For accommodations please contact Jennifer at [jburke@atlanticcil.org](mailto:jburke@atlanticcil.org) | (609)748-2253 ext.4

## Atlantic CIL Weekly Activity Links

**Sketchbook Club | Monday | 1pm | Zoom** (Moving to 3:30pm on 9/16)  
<https://us02web.zoom.us/j/83854391536?pwd=YWtFekQyeE9wTlBqdVpkQVIvRUdiQT09>  
Call In: 1-309-205-3325 | Meeting ID 838 5439 1536

**Life Skills Activities | Monday | 2pm | Zoom**  
<https://us02web.zoom.us/j/83007585374?pwd=McU3UFciKbQjIltuB1kk9yLjCRufQp.1>  
Call In: 1-346-248-7799 | Meeting ID: 830 0758 5374 | Passcode: 248110

**Socialization and Wellbeing Group | Tuesday | 2pm | Zoom**  
<https://us02web.zoom.us/j/88558466172>  
Call In: 1-301-715-8592 | Meeting ID 885 5846 6172

**Chronic Pain & Illness Support Group | Wednesday | 2pm | Zoom**  
<https://us02web.zoom.us/j/85449180096>  
Call In: 1-301-715-8592 | Meeting ID 854 4918 0096

**Health Connection Call | 2nd and 4th Wednesdays | 5:30pm | Zoom**  
<https://us02web.zoom.us/j/87297450944>  
Call In: 1-646-876-9923 | Meeting ID: 872 9745 0944

**Life Skills Activities | Thursday | 6pm | Zoom**  
<https://us02web.zoom.us/j/85063153999?pwd=NmJXd1ZUUhHpUkxneExISEJQWk8xQT09>  
Call In: 1-646-931-3860 | Meeting ID 850 6315 3999 | Passcode 154100



## Additional Atlantic CIL Collaboration Activity Contacts

**United by Wellness virtual support groups with MHA**  
Visit: <http://www.mhaac.info/ubw.html>

**Community Walks with Coach Tadriss, Tuesdays at 5:15pm**  
Contact Jennifer at [jburke@atlanticcil.org](mailto:jburke@atlanticcil.org), (609)748-2253 ext.4 for location details.

**Express Yourself, coloring group, with NAMI ACM, 3rd Mondays | 6pm | Zoom**  
<https://us02web.zoom.us/j/82720309410?pwd=RzFWL2QyQjhkeFVBNEhFcjVZMllordz09>  
Meeting ID: 827 2030 9410 Passcode: 238035, Contact Amanda at [namiacm.am@gmail.com](mailto:namiacm.am@gmail.com) for more info.

**Art Classes with the Noyes Museum of Art**  
Ongoing programming Co-sponsored by Atlantic CIL  
Visit <https://noyesmuseum.org/> for details.

