## **Monthly Calendar**

	Activities & Support Groups			October				
	SUN	MON	TUE	WED	тни	FRI	SAT	
				Health Connection Call 12:30pm Chronic Illness & Pain Group 2pm	<b>2</b> Life Skills Gpm	3	4	
	5	6 <u>Life Skills 2pm</u> <u>Sketchbook Club 3:30pm</u>	<b>7</b> <u>Social Group 2pm</u> Community Walk 5:15pm	8 Chronic Illness & Pain Group 2pm Art 6pm	<b>9</b> Life Skills 6pm	10	11	
	12	13 Board Game & Puzzle Group 12-2pm <u>Life Skills 2pm</u> Sketchbook Club 3:30pm	14 <u>Social Group 2pm</u> Community Walk 5:15pm	15 Chronic Illness & Pain Group 2pm	16 Life Skills 6pm	17	18	
	19	20 Life Skills 2pm Sketchbook Club 3:30pm	21 Social Group 2pm Community Walk 5:15pm	22 Health Connection Call 12:30pm Chronic Illness & Pain Group.2pm	23 Life Skills 6pm	24	25	
	26	27  Life Skills 2pm  Sketchbook Club 3:30pm	28 Social Group 2pm Community Walk 5:15pm	29  Chronic Illness & Pain Group 2pm	30 Life Skills Spm	HILLOWEN		
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