



ATLANTIC
CENTER FOR INDEPENDENT LIVING, INC

December

Activities & Support Groups

SUN	MON	TUE	WED	THU	FRI	SAT
	1 <u>Life Skills 2pm</u> <u>Sketchbook Club 3:30pm</u>	2 <u>Social Group 2pm</u> Community Walk 5:15pm	3 <u>Chronic Illness & Pain Group 2pm</u>	4 <u>Life Skills 6pm</u>	5	6
7	8 Board Game & Puzzle Group 12pm <u>Life Skills 2pm</u> <u>Sketchbook Club 3:30pm</u>	9 <u>Social Group 2pm</u> Community Walk 5:15pm	10 <u>Chronic Illness & Pain Group 2pm</u> <u>Health Connection Call 5:30pm</u> 	11 <u>Life Skills 6pm</u>	12	13
14 	15 <u>Life Skills 2pm</u> <u>Sketchbook Club 3:30pm</u>	16 <u>Social Group 2pm</u> Community Walk 5:15pm	17 <u>Chronic Illness & Pain Group 2pm</u>	18 <u>Life Skills 6pm</u>	19	20
21	22 <u>Life Skills 2pm</u> <u>Sketchbook Club 3:30pm</u>	23 <u>Social Group 2pm</u> Community Walk 5:15pm	24 <u>Chronic Illness & Pain Group 2pm</u> <u>Health Connection Call 5:30pm</u>	25  Center Closed	26 	27
28	29 <u>Life Skills 2pm</u> <u>Sketchbook Club 3:30pm</u>	30 <u>Social Group 2pm</u> Community Walk 5:15pm	31 <u>Chronic Illness & Pain Group 2pm</u>			

Click on each group/activity title for active zoom link.
 Contact us for more information at jburke@atlanticcil.org | (609)748-2253 ext. 4