



May

Activities & Support Groups

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
<p>MENTAL HEALTH AWARENESS MONTH</p>	<p>Arthritis Awareness</p>					
3	4 <u>Life Skills 1pm</u> <u>Sketchbook Club 3:30pm</u>	5 <u>Socialization & Wellbeing Group 1pm</u> Community Walk 5:15pm	6 <u>Peer to Peer 2pm</u>	7 <u>Life Skills 6pm</u> Community Walk 5:15pm	8	9
10 	11 <u>Life Skills 1pm</u> <u>Sketchbook Club 3:30pm</u>	12 <u>Socialization & Wellbeing Group 1pm</u> Community Walk 5:15pm Art 6pm	13	14 <u>Life Skills 6pm</u> Community Walk 5:15pm	15	16
17	18 CIL Rally Trenton 10am	19 <u>Socialization & Wellbeing Group 1pm</u> Community Walk 5:15pm	20	21 <u>Life Skills 6pm</u> Community Walk 5:15pm	22	23
24/31	25 HAPPY MEMORIAL DAY Center Closed	26 <u>Socialization & Wellbeing Group 1pm</u> Community Walk 5:15pm	27 Fundraiser at Five Guys 5-8pm	28 <u>Life Skills 6pm</u> Community Walk 5:15pm	29	30

Click on each group/activity title for active zoom link.
Contact us for more information at jburke@atlanticcil.org | (609)748-2253 ext. 4